

CURRICULUM VITAE

Víctor Fuertes Bielsa

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BIO

I was born in Zaragoza, Spain, and I am a graduate of the University of Zaragoza Medical School with a master's degree in medicine. I was selected to participate in the Plastic Surgery Residency program which I successfully completed in May 2019. I am a licensed Specialist Physician in Plastic, Aesthetic & Reconstructive Surgery. My training also includes the completion of a Breast Reconstruction Fellowship in Vancouver General Hospital in Canada.

As a junior consultant, I have worked at the University Hospital of Bellvitge, Barcelona, where I was part of the breast reconstruction and transgender teams, mainly performing microsurgical breast reconstructions and gender affirming genital surgeries. During that time, I also worked as a clinical associate at IM Clinic Barcelona. I am currently working as a consultant reconstructive surgeon at the University Hospital of Miguel Servet. My main clinical focuses in the public setting are breast reconstruction (performing all types of reconstruction including microsurgical free flaps) and transgender surgery (including top surgeries and genital gender confirmation surgeries). I also work as a cosmetic plastic surgeon in the private practice, where I perform all type of aesthetic procedures, including face and neck lift, blepharoplasty, otoplasty, rhinoplasty; breast augmentation, reduction and mastopexy; abdominoplasty and assisted liposuction, autologous gluteal augmentation; post bariatric surgery or genital surgery including penile inversion and colon vaginoplasties.

In addition to my education & training credentials, I am a member of the Spanish Society of Plastic, Reconstructive and Aesthetic Surgery (SECPRE). I am also a fellow of the European Board of Plastic Surgery (EBOPRAS)



EDUCATION

2006 – 2012	University of Zaragoza, School of Medicine Master's degree of Medicine Zaragoza, Spain
2009 – 2010	University of Eastern Finland Erasmus European Student Exchange Program Kuopio, Finland
2011 – 2012	University of Zaragoza, School of Medicine Internal Scholarship one-year award – Interventional Radiology Zaragoza, Spain
2014 – 2019	University Hospital Dr. Negrín Plastic, Reconstructive & Aesthetic Surgery Residency Program Residency Program
2019 – 2020	University of the British Columbia Breast Reconstruction Fellowship Vancouver, Canada
2021	European Plastic Surgery Board Examination Parts 1 & 2 EBOPRAS Madrid, Spain
2022	<i>International</i> American Board of Plastic, Reconstructive and Aesthetic Surgery (ASPS)

EMPLOYMENT

2014-2019	Resident surgeon University Hospital Dr. Negrín Plastic, Reconstructive & Aesthetic Surgery Las Palmas de Gran Canaria, Spain
2019-2020	Breast Reconstruction Fellow – UBC Vancouver General Hospital, Canada
2020-2022	Clinical associate Plastic and Reconstructive surgery - Hospital Universitario Bellvitge, Barcelona Clinical associate Plastic and Reconstructive surgery - IM Clinic, Barcelona
2022 – Current date	Clinical Assistant Professor Plastic and Reconstructive Surgery - Hospital Universitario Miguel Servet, Zaragoza Medical director Plastic and Reconstructive surgery – MEDEHO, Zaragoza. HENAO Bilbao - Private cosmetic and transgender practices

INTERSHIPS

During my residency, I have attended to several rotations in different areas of interest:

- University Hospital “Miguel Servet” (Zaragoza) – **Burn Unit** (3 months)

- University Children´s Hospital “Niño Jesús” (Madrid) – **Pediatrics Plastic Surgery Department** (2 months)
- *Stanford Hospital and Clinics* (Palo Alto, California, USA) – **Breast Reconstruction Unit** (3 months)
- IM *Clínic* Barcelona – **Aesthetic and Gender Confirming Surgery Center** (6 months)

HONOR SOCIETIES

- Member of “**Sociedad Española de Cirugía Plástica, Reparadora y Estética (SECPRE)**” (Spanish Society of Plastic, Reconstructive and Aesthetic Surgery)
- Member of the “**World professional association of transgender health**”(WPATH)

GRANT FUNDING

€1,500	Medical School University Scholarship - High School Valedictorian 2006-2007
€4,200	Erasmus European Student Exchange Program 2009-2010
€4,500	“Ibercaja” Exchange Program Grant 2009-2010
€1,500	Medical University Sports Manager Internship 2010-2011
€1,500	Medical University Sports Manager Internship 2011-2102
€4,500	Internal Scholarship - Interventional Radiology 2011-2012
€4,000	<i>“Becas Estancia Fundación Colegio de Médicos de las Palmas”</i> Medical Exchange Program Grant - Stanford University Hospital Rotation: Microsurgery Department 2016-2017
€4,000	<i>“Fundación Colegio de Médicos Las Palmas”</i> Team Research Program Grant- Francés M, Fuertes V. Radiotherapy and Breast Reconstruction: Satisfaction rate and Reconstructive failure. 2016-2017 (Shared)
€4,000	<i>“Becas Estancia Fundación Colegio de Médicos de las Palmas”</i> Medical Exchange Program Grant – UBC - Vancouver University Hospital Breast Reconstruction Fellowship: Microsurgery Department 2019

COURSES AND MEETINGS

1. XXVI North-East Spain Plastic Surgery Societies Annual Meeting: Nose Surgery (Bilbao, November 2014)
2. Canarian Plastic Surgery Society Annual Meeting (Las Palmas, May 2015)
3. XIV Congress of Internal Resident Physicians of the Canary Islands (Las Palmas de Gran Canaria, June 2015)
4. I Cutaneous Oncology Group Meeting at University Hospital Dr. Negrín (Las Palmas, September 2015)

5. XXX Course of Microsurgery and Hand Surgery MAZ Zaragoza (Zaragoza, March 2016)
6. Spanish Plastic Surgery Society Residents Meeting: Facial Aesthetics (Madrid, April 2016)
7. III Iberian Plastic Surgery Meeting (Lisbon, June 2016)
8. University Hospital Doctor Negrín 2016 Residents Annual Course (Las Palmas de Gran Canaria, July 2016)
9. XVI Canarian Society of Vascular Surgery Annual Meeting. (Maspalomas, August 2016)
10. Plastic Surgery The Meeting 2016. American Society of Plastic Surgeons 2016 Annual Meeting. (Los Angeles, September 2016)
11. Adding Hair Restoration to your practice: Treatment plan and techniques. American Society of Plastic Surgeons 2016 Annual Meeting. (Los Angeles, September 2016)
12. Pedicled perforator Flaps: Getting started, staying safe and planning your lifeboat. American Society of Plastic Surgeons 2016 Annual Meeting. (Los Angeles, September 2016)
13. II Basic Hand surgery Course: Performing Hand surgery as a 3.0 Surgeon. (HU La Paz Madrid, November 2016)
14. London Scar Academy Annual Meeting 2016. (London, November 2016)
15. Breast Prosthesis Complications Course (HU Puerta del Hierro, Madrid. February 2017)
16. SECPRE Residents Annual Course: Botox and Fillers (Barcelona, March 2017)
17. Barcelona Rejuvenation International Meeting: Botox and Fillers – Advanced level (Barcelona, March 2017)
18. 52nd SECPRE Annual Meeting (Bilbao, May 2017)
19. Nexobrid Training Day (HU La Paz, Madrid. May 2017)
20. European Animal Research License Level C (Designing and performing procedures in rodents) (Centro de estudios biosanitarios, Madrid. May 2017)
21. Duke University Fresh Cadaver Flap Dissection Course (Durham, USA. August 2017)
22. Breast Surgery and Body Contouring Symposium (San Diego, USA. August 2017)
23. Ninphoplasty Live Surgery SECPRE Course (Barcelona, November 2017)
24. IBRA Hand Osteosynthesis Workshop (Zurich, Switzerland, February 2018)
25. Venous Coupler Hands-on Training Day (HC San Carlos, Madrid. April 2018)
26. 1st SECPRE National Course: Oculoplastic surgery (Gijon, June 2018)
27. Gender confirmation surgery Meeting (Barcelona, October 2018)
28. AECEP Meeting 2018: Aesthetic surgery (Madrid, November 2018)
29. 53rd SECPRE Annual Meeting (Madrid, May 2019)
30. London Breast Meeting (London, September 2019)
31. 46th Annual Meeting of the Canadian Society of Aesthetic Plastic Surgery CSAPS (Vancouver, October 2019)

32. Current Concepts in Gender Affirming Surgery for Women in Transition. Facial team's 2nd annual Training & Education Workshop (Online, March 2021)
33. I Online Meeting of the Spanish Society of Plastic, Reconstructive and Aesthetic Surgery (SECPRE) (Online, May 2021)
34. ACECEP Meeting 2021: Aesthetic Breast Surgery (Ibiza, June 2021)
35. Reconstructive Surgery Meeting Bellvitge (Barcelona, November 2021)
36. IX SVNRA Complex clinical cases meeting (Cerler, March 2022)
37. 54th SECPRE Annual Meeting (Santiago de Compostela, May 2022)
38. Transgender holistic care in the hospital environment Course (Zaragoza, November 2022)
39. 3 days - Visiting Professor program at GRS Montreal (Montreal, April 2023)
40. XXII Planas Conference on Plastic and Aesthetic Surgery (Barcelona, June 2023)
41. 1er Lipofilling Course Ocean Clinic(Ocean Clinic, Marbella, septiembre de 2023)

PUBLICATIONS

1. Fuertes V. Third Degree Burn Injury of Hand: Nexobrid Debridement and later handling: Case report. Poster presented at *III Iberian Plastic Surgery Meeting*. Estoril, Portugal. 2016
2. Fuertes V, Fernández MJ, Miralles M, Rosas C, Pinar B, Fernández-Palacios J. Intra-beam^R Intraoperative Radiotherapy and Oncoplastic Breast Surgery: Case report. Poster presented at *35th Breast Pathology Spanish Society Annual Meeting*. Alicante, España. 2016 – Awarded as the best poster in the meeting
3. Fuertes V, Francés M, Fernández-Palacios J. Reconstrucción mamaria inmediata en dos tiempos con material protésico: ¿irradiar el expansor o la prótesis definitiva? Revisión de la literatura y metaanálisis. *Cirugía Plástica Ibero-latinoamericana*. 2017; 43 (4): 341-349
4. Francés M, Fuertes V, Casarrubios J, Navarro C, Sánchez O, Poza E et al. Fingertip Necrosis due to Intravascular Use of Mephedrone. *Plastic and Reconstructive Surgery - Global Open*. 2018; 6(8): e1906.
5. Fuertes V, Manero I. Radial Forearm Phalloplasty: Aesthetic refinements. Poster presented in the Spanish Society of Plastic Surgery Annual Meeting 2019.
6. Casarrubios J, Francés M, Fuertes V, García-Duque O, Fernández-Palacios J. Marjolin ulcer: Clinical presentation and management options. A case report. *Heridas y cicatrización*. 2019;9(2):26-29.
7. Fuertes V, Fernandez-Palacios J, Loro-Ferrer J, Frances M, Casarrubios J, Gonzalez J. Implant-based Immediate Breast Reconstruction: Failure rate when radiating the tissue expander or the permanent implant. A meta-analysis. *Gland Surgery*. 2020; 9(2): 209-218
8. Fuertes V, Monclus E, Agullo A. Current impact of Covid-19 pandemic on Spanish Plastic Surgery departments: a multi-center report. *European Journal of Plastic Surgery*. 2020 May 19;1-8
9. Lee GK, Moshrefi S, Fuertes V, Veeravagu L, Nazerali R, Lin SJ. What is your reality. Virtual, Augmented and Mixed Reality in Plastic Surgery training, education and practice. *Plastic and Reconstructive Surgery*. 2021 Feb 1;147(2):505-511

10. Casarrubios J, Francés M, Fuertes V, Singer M, Navarro C, García-Duque O, Fernández-Palacios J. Oncological outcomes of lipofilling in breast reconstruction: a matched cohort study with 250 patients. *Gland Surgery*. 2021 Mar; 10(3): 914–923
11. Fuertes V. Virtual reality simulation in plastic surgery training. Literature review. *J Plast Reconstr Aesthet Surg*. 2021 Sep; 74(9):2372-2378
12. Fuertes V. Current validity of radial forearm free flap. Poster presented in the Spanish Society of Plastic Surgery Annual Meeting 2022
13. Fuertes V. Microsurgical free flaps using a 3D exoscope in the private practice. Personal experience. Poster presented in the Spanish Society of Plastic Surgery Annual Meeting 2022
14. Casarrubios JM, Salas A, Fuertes V, Singer M, Buendia J, García Duque O, Fernández-Palacios, J. The critical role of Plastic Surgery in the multidisciplinary management of Soft Tissue Sarcomas. *Plastic Surgery*. In press, 2023

CONFERENCE PRESENTATIONS

1. Fuertes V. Basic suture training for the general practitioner. *XIV Congress of internal resident physicians of the Canary Islands*. Las Palmas de Gran Canaria, Spain. 2015
2. Fuertes V, Francés M, Fernández-Palacios J. Two steps prosthesis-based immediate breast reconstruction: radiation to tissue expander vs radiation to prosthesis. A critical review of the literature. *III Iberian Plastic Surgery Meeting*. Estoril, Portugal. 2016
3. Fuertes Bielsa V. Cutaneous substance loss: Basic coverage in the emergency ward. University Hospital Doctor Negrín Residents Annual Course. 2016
4. Fuertes Bielsa V. Burn patient: First attendance in the emergency ward. University Hospital Doctor Negrín Residents Annual Course. 2016
5. Fuertes V. Surgical management of pressure sores. University Hospital Doctor Negrín Residents Meetings. 2018
6. Fuertes Bielsa V. Burn patient: First attendance in the emergency ward. University Hospital Doctor Negrín Residents Annual Course. 2016
7. Fuertes V. Virtual reality simulation in Plastic Surgery training. Literature Review. Presented in the Spanish Society of Plastic Surgery Annual Meeting 2019
8. Fuertes V. Massive arteriovenous malformation. Presented in the IX SVNRA Complex Clinical Cases Meeting 2021
9. Fuertes V. Update in transgender surgery. Presented in the Transgender holistic care in the hospital environment Course 2022

LANGUAGES

Spanish (mother tongue) and English: C1 (TOEFL and IELTS examinations)

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July 2024